

# DID YOU KNOW?



**1,286  
LITRES  
OF  
WATER**

**ARE USED TO MAKE  
ONE STANDARD LOAF  
OF BREAD (800G)  
[1,608 LITRE/KG]**

**TOP TIP:**

**WHY NOT SPLIT YOUR  
LOAF AND PUT HALF  
IN THE FREEZER  
AND TRY TOASTING  
FROM FROZEN.**



**THINK.EAT.SAVE  
BY OZHARVEST  
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